

Information on **this page is not usually considered as necessary in a medical emergency** and is more confidential. This page can be kept with other papers such as a Will or Powers of Attorney, provided the location is mentioned on page 1 of 3. You choose locations that you think will be helpful.

**Basic instructions for family survivors:** location of Will, non- medical insurance information and bank contacts

Bank #1 name \_\_\_\_\_ telephone# \_\_\_\_\_ contact person if any \_\_\_\_\_  
Bank #2 name \_\_\_\_\_ telephone# \_\_\_\_\_ contact person if any \_\_\_\_\_  
Bank #3 name \_\_\_\_\_ telephone# \_\_\_\_\_ contact person if any \_\_\_\_\_  
Bank #4 name \_\_\_\_\_ telephone# \_\_\_\_\_ contact person if any \_\_\_\_\_

**Location of existing plans for funeral**, obituary if prepared, any prepaid expenses, choices for final arrangements. See file of material stored at: \_\_\_\_\_

**Instructions to address any other issue** to which a person is obligated to act (business, personal) Name \_\_\_\_\_  
Place and contact # \_\_\_\_\_

**Instructions to address issues** relating to divorce, alimony and child support; contact # or location \_\_\_\_\_

**Information for cancellation** of utility and credit card accounts, close out computer lists/accounts

Electricity # \_\_\_\_\_ Water/sewage # \_\_\_\_\_ Propane/ NG # \_\_\_\_\_  
Cable TV # \_\_\_\_\_ Land telephone # \_\_\_\_\_ Cell phone # \_\_\_\_\_

Credit card name \_\_\_\_\_ Contact # \_\_\_\_\_ Number (optional) \_\_\_\_\_

Credit card name \_\_\_\_\_ Contact # \_\_\_\_\_ Number (optional) \_\_\_\_\_

Credit card name \_\_\_\_\_ Contact # \_\_\_\_\_ Number (optional) \_\_\_\_\_

**Close computer accounts** including email and web sites \_\_\_\_\_

**Other important telephone contacts** including community front gate, HOA security contacts \_\_\_\_\_

**If gated community**, notify security of status # \_\_\_\_\_ HOA Neighborhood watch # \_\_\_\_\_

**Notification to:** Social Security # \_\_\_\_\_, USPS delivery # \_\_\_\_\_, paper boy # \_\_\_\_\_, pet walker # \_\_\_\_\_, lawn service # \_\_\_\_\_, UPS # \_\_\_\_\_, FedEx # \_\_\_\_\_

**Instructions on how and where to locate buried treasure** in hiding, miscellaneous items and more...

**Note:**

**Those living alone** without nearby next of kin should have appropriate emergency information available to trusted friends and contacts listed herein. Such information can be kept in a special sealed envelope at two or three other houses but all should be updated periodically. **While emergency personnel look first on the refrigerator door for medical information** on these forms, some people keep other important papers in the deep freeze. (Use back of page for more space)

**For ready access** by emergency personnel, **copies of the DNR** (do not resuscitate) form or separate **NO-CPR** instructions are sometimes placed on the inside of the front door and/or on the headboard of the appropriate person's bed in addition to pages 1-2 or 1-3 placed on the refrigerator door inside of a Ziploc bag. A good magnet will hold it for easy access.

**Consider also keeping copies, perhaps reduced in size, in vehicles, purses and wallets. Fold four ways, place it in a Ziploc sandwich bag and mark it 'EMS-MED' in large BOLD letters. Emergencies often happen away from home.**